

Level 2 Award in the Manual Handling – Principles and Practice

This in-depth qualification introduces candidates to the hazards and risks involved in manual handling and assesses the practical techniques candidates use for manual handling. It is aimed at those who carry out manual handling activities at work and encourages employees to develop safer manual handling techniques in the workplace.

Upon successful completion of the training program, examination and final assessment, candidates will have a good understanding and practical experience of the:

- Terminology relating to manual handling and give examples
- Injuries caused through poor manual handling
- Principles for controlling manual handling and the application of these
- Purpose of conducting manual handling risk assessments and how they benefit both company and employee
- Law relating to manual handling

The training time to cover the course must take at least 6 hours – split into two sections. Section 1 concludes with an examination consisting of 30 multiple choice questions – of which a pass rate of 20 or more has been set. Section 2, candidates are assessed on various Manual Handling methods.

All successful candidates receive a qualification and certificate which is valid for 3 years.

The Training Co. is registered with the following awarding body to deliver this course:

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